

Expert Physiotherapist in Mira Road – Advanced Rehab & Pain Management at CureSpace

If you're dealing with chronic pain, recovering from surgery, or healing from a sports injury, the right physiotherapy can be life-changing. When it comes to finding a trusted **physiotherapist in Mira Road**, CureSpace stands out as a leading clinic delivering advanced, personalized, and compassionate care. Whether you're looking for long-term pain relief or targeted rehabilitation, CureSpace is your one-stop destination.

Explore more about their services and book your appointment here:

<https://www.curespace.in/>



Why Choose CureSpace for Physiotherapy in Mira Road

CureSpace Physiotherapy & Rehab Clinic, located in Mira Road, is led by **Dr. Ankita Singh**, a highly qualified and experienced orthopaedic physiotherapist. With over 12 years of clinical expertise, Dr. Singh has worked with top institutions including KEM Hospital, NAIR Hospital, the Sports Authority of India, and corporate giants like Google BKC. Her in-depth understanding of orthopaedic and sports-related conditions makes CureSpace a trusted center for healing and recovery.

CureSpace offers one-on-one treatment plans using advanced manual therapy, targeted rehab techniques, and evidence-based care to deliver real, lasting results.

Top Services Offered by Our Physiotherapist in Mira Road

CureSpace provides a wide range of physiotherapy treatments tailored for different age groups and conditions. These services include:

- Pain Management
- Posture Correction & Ergonomics
- Sports Injury Rehabilitation
- Post-Surgery Recovery
- Neurological Rehabilitation
- Pediatric Physiotherapy
- Geriatric Physiotherapy
- Women's Health Physiotherapy

Each treatment is based on a thorough assessment to ensure that patients receive a personalized recovery plan. With over 500+ happy patients and consistent 5-star ratings on Google, CureSpace is known for its reliable outcomes and supportive atmosphere.

Meet Dr. Ankita Singh – Leading Physiotherapist in Mira Road

Dr. Ankita Singh, B.P.T. from NAIR Hospital and M.P.T. (Orthopaedic) from KEM Hospital, brings a wealth of clinical knowledge and compassionate care. Her dedication to her field earned her recognition as a **Corona Warrior by the Government of Maharashtra**. She has also worked as a sports physiotherapist with **SAI (Sports Authority of India)**, treating professional athletes in wrestling, kabaddi, and hockey.

Her expertise includes:

- Bone, muscle, and joint pain
- Manual therapy and myofascial release
- Sports rehab and conditioning
- Post-surgical orthopaedic recovery
- Fitness-based therapy plans for improved mobility and strength

Her dynamic approach combines rehab with fitness, making her the go-to **physiotherapist in Mira Road** for both recovery and performance enhancement.

A Clinic That Cares — CureSpace in Mira Road

Located in **Sheetal Indraprashtha CHSL**, CureSpace offers a modern, hygienic, and peaceful environment for recovery. Patients receive continuous support and guidance throughout their treatment journey. CureSpace emphasizes patient satisfaction, evidence-based care, and transparent treatment plans tailored to each individual's needs.

Whether you are struggling with frozen shoulder, back pain, arthritis, sports injuries, or neurological recovery, the expert team at CureSpace is ready to guide you back to better health.

Real Results That Speak for Themselves

CureSpace has successfully treated hundreds of cases across age groups. One of the many success stories includes Mr. Amrish, a 60+ patient suffering from chronic frozen shoulder, who regained his full range of motion with Dr. Singh's customized therapy.

With every patient, the goal is the same: **faster healing, improved mobility, and long-term wellness.**

Get Info

To know more or consult a top **physiotherapist in Mira Road**, visit:

<https://www.curespace.in/>

Book Appointment

Get expert care today — Contact CureSpace directly to schedule your first session:

Phone: 091361 37031

Clinic Address: Shop No. 8, Sheetal Indraprashtha CHSL, Sheetal Nagar, Mira Road East, Mira Bhayandar, Maharashtra 401107

Working Hours

Mon–Sat: 8:30 AM to 2:00 PM & 4:30 PM to 9:30 PM

Sunday: Closed

Final Thoughts

If you're searching for a **physiotherapist in Mira Road** who understands your pain and treats it with precision, CureSpace is your answer. Under the expert care of **Dr. Ankita Singh**, patients receive advanced, hands-on therapy in a fully equipped facility. With specialties ranging from sports injuries to post-surgical rehabilitation, CureSpace is where science meets compassionate care. Take the first step toward a pain-free life—because healing starts with expert guidance.

#physiotherapistinmiraroad #miraroadphysiotherapy #drankitasingh #curespaceclinic
#sportsrehabmiraroad #painreliefmiraroad #physioclinicmumbai #orthopaedicphysiotherapy